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Alzheimer's Care: Simple Tips for Daily Tasks

Alzheimer's caregiving takes patience and flexibility. The Mayo Clinic's article [Alzheimer's Care: Simple Tips for Daily Tasks](#) contains tips on how to help care for a loved one with Alzheimer's Disease, from assessing their independence, reducing frustrations, creating a safe environment and focusing on individualized care. There are also links to other helpful articles included.

Mayo Clinic Health Information's award-winning consumer Web site offers health information, and self-improvement and disease management tools.

MayoClinic.com's medical experts and editorial professionals bring you access to the knowledge and experience of Mayo Clinic for all of your consumer health information needs, from cancer, diabetes and heart disease to nutrition, exercise and pregnancy.

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