## Assessment | Elder Counseling & Education

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60 +Available 24/7 No Other Eligibility Criteria No residency requirement. Northern Virginia residents or from any part of the State if the client comes to the office. Family No Intake Contact Karin Udler Intake Process Phone, Appointment required. Self Refer Yes Jewish Social Service Agency https://www.jssa.org Main (703) 204-9100 3018 Javier Road 22031 VA **United States** Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Payment Method(s) Medicare

**Private Insurance** 

Medicaid

Private Pay Languages Spoken English

JSSA's therapists, geriatric case managers, psychologists and psychiatrists help seniors struggling with a variety of difficult life challenges and situations such as the loss of a loved one, grief, anxiety, family concerns, depression, health problems, dementia, the stresses of caring for an ill loved one, making difficult decisions, retirement or moving issues.

Ongoing assessment and treatment through a full range of therapeutic options including cognitive behavior therapy; psychodynamic psychotherapy; individual, family and group therapy and other evidence-based approaches. JSSA provides both brief and longer term intervention to achieve symptom relief and improved functioning at home, at work and in the community.

Call for more information or to schedule an appointment.

Service Area(s) Alexandria City Fairfax City

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Fairfax County

Falls Church City