

Home Delivered Meals

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Elderly persons age 60 and over who are homebound and have no one to assist in meal preparation.

Family

No

Intake Contact Email

info@healthygenerations.org

Intake Process

Self-referral. Written assessment required.

Provider Refer

Yes

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<https://www.facebook.com/events/460-lendall-ln-fredericksburg-va-22405-1501-uni...>

Main

(540) 371-3375

Toll-Free

(800) 262-4012

460 Lendall Lane

22405 VA

United States

Fee Structure

No Fee

Languages Spoken

English

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Spanish

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French

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Multi-Lingual

Healthy Generations Area Agency on Aging (formerly Rappahannock Area Agency on Aging) delivers 7 frozen meals per week to eligible homebound elderly. Meals are delivered in the City of Fredericksburg and the four surrounding Counties of Caroline, King George, Spottsylvania and Sattord to homebound, frail elderly persons 60 years of age or older, who have no one to prepare a meal for them.

Meals on Wheels delivers meals Monday through Friday within a four mile radius of Mary Washington Hospital. There is a weekly fee.

Languages spoken in office: English, access to more than 200 other languages.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County