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## NAMI Connections Support Group, Colonial Heights

Date and Time

Weekly on Friday at 1:00pm until Saturday 12/30/2017

**Event URL** 

NAMI Central Virginia

**Event Region** 

Petersburg/Hopewell Area

**Event Type** 

Support group

**RSVP Info** 

804-285-1749

**Event Cost** 

\$0.00

**Event Description** 

NAMI Connections support group is a Free bi-monthly support group for adults living with mental illness, facilitated by trained peers. Groups are confidential and anonymous. This group meets every Friday at 1 PM in Conference Room at Colonial Heights Library. Contact NAMI Central Virginia at 804-285-1749 for information.