

Legal services that assist with Life Care Planning and management, living trusts, Medicaid and Medicare, Social Security and other benefits, disability planning, guardianships, conservatorships, discrimination, health care decisions, long-term care alternatives and other related issues.

Links

PREPARE for Your Care

Source

[PREPARE for Your Care](#)

Article

The Essential Elements of Living Trust Planning

A living trust is a way to manage your estate while you are living and simplify the probate process after you pass away.

Source

[Smith Strong, PLC](#)

Article

How to Avoid Going Broke in Long-Term Care

This article explores ways to protect your assets while also paying for long-term care.

Source

[Smith Strong, PLC](#)

Article

The Basics of Special Needs Trusts in Virginia

A *special needs trust* can help provide for the long-term wellbeing of a family member with special needs.

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[Smith Strong, PLC](#)

Links

Virginia Academy of Elder Law Attorneys (VAELA)

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[Virginia Academy of Elder Law Attorneys \(VAELA\)](#)

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LongTermCare.gov

The Administration for Community Living, an agency of the U.S. Department of Health and Human Services, brings together the efforts of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability to serve as the Federal agency responsible for increasing access to community supports, while focusing attention and resources on the unique needs of older Americans and people with disabilities across the lifespan.

<http://www.hhs.gov/acl/>

Source

LongTermCare.gov

Article

Getting Your Affairs in Order

Learn how to plan for the future by taking important steps for getting your legal and financial affairs in order.

Source

[National Institute on Aging](#)

Article

Free Virginia Guides on Managing Someone Else's Money

To help financial caregivers all over the country, Consumer Financial Protection Bureau (CFPB) has created state-specific guides and resources for people managing money for older relatives and friends.

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[Consumer Financial Protection Bureau](#)

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National Consumer Law Center

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National Guardianship Association

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